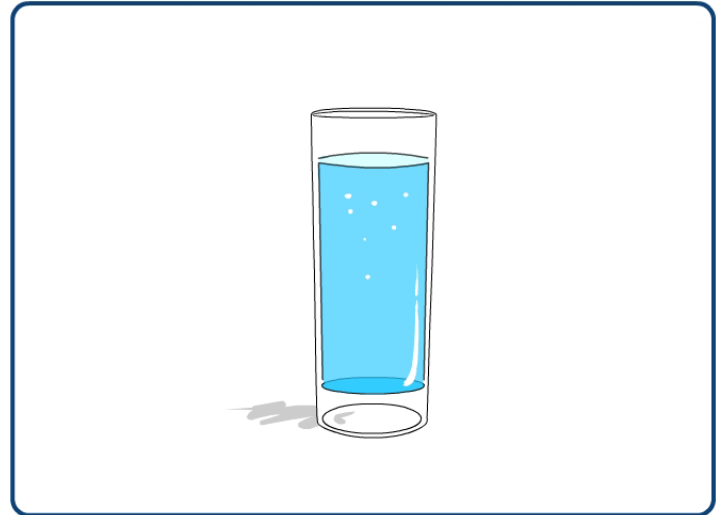




## SUMMARY UNIT 2 : Chapter 1 : Locus of Control & Accountability

By now you understand how powerful belief is. One affirmation doesn't make a belief – ask any smoker who is trying to quit. It takes repetition, after repetition, after repetition. It is the reiteration of the visualization that changes the neurons of your brain. However, under certain circumstances, one vow or one affirmation can make a significant change in your behavior.

Too many of you keep waiting for permission to unleash the potential inside yourselves. Too many of you wait for someone else to affirm you, to give you the right to do something. This process I am giving you gives you the right to release the potential that is inside you. By changing your belief, you will change your performance. You and your performance match your image of reality.



Beliefs are so powerful that a placebo, a sugar pill, can cure. You believe the doctor, the Who-Said, and the chemist, and the surgeon. They give you the medication and your body heals, oftentimes because of your belief. Well, if you can get well on a positive placebo, could you get sick on a negative placebo? Who are you listening to? Who are your children listening to? Who are the people in your company listening to? Who is telling them "the truth?" You must be careful who and what you listen to.